

## Friday March 16

Competition cards must be hand over latest Friday at 19:00 at the Competition Office [1st fl]  
Please use FIG terminology.

Training groups 1/4: each group limited to 65 athletes; training on 3 panels equal to competition panels.  
Entrance only at the timeslots corresponding with the traininggroupnumber on your accreditation card. Each Delegation may choose training in the free training block instead of in the granted training group 1/2/3/4.

Coaches are responsible for their pupil's social behaviour.

Stretching at the Warmup & training hall	13:30-13:55				
Stretch & relax hall [2nd fl.]		14:30-14:55	15:30-15:55	16:00-16:55	17:00-21:00
Warmup & training hall [ground fl.]	14:00-14:55	15:00-15:55	16:00-16:55	17:00-17:55	18:00-21:00
Competition Hall [1st fl.]	15:00-15:55	16:00-16:55	17:00-17:55	18:00-18:55	19:00-21:00
	TRAIN. GROUP 1	TRAIN. GROUP 2	TRAIN. GROUP 3	TRAIN. GROUP 4	FREE TRAINING

Associacao De Ginastica de Santarem	AGV De Springbokken	Agilitas Bunschoten	Associacao Academica de Coimbra	AlgarveGYM
Great Britain	KDO Apeldoorn	Fédération Française de Gym	Austrian Gymnastic Federation	FlikFlak
Thunder Country Trampoline	Omnigym Assen	Forza Gymnastica	Hawaii	Greve Gymnastic og Trampolin
Triffis Alkmaar	Sparta Ermelo	KSGT	Omnia Aalsmeer	Gym 90 Beringen
	Trampoliny Liberec	Milano	Pro Patria Zoetermeer	Gymnastiek-vereniging Turnoss
		Tampereen Voimistelijat	Spain	TurnTeam Hessen
		Trampolinakademie TV Blecher	WIK Oostende	Israel Gymnastics Association
		TSH Heerenveen		NTB
		Ultima Trampoline Club		Polish Gymnastic Association
				RGV Ruurlo
				Rheinischer Turnerbund
				Royal Belgian Gymnastics Federation
				Societa ginnastica Sampietrina di Seveso
				Sportunion West-Wien

17:00-19:30 Delegations dinner – [Delegations restaurant/"spiegelzaal" 1st fl.]

**Touch Down** [1st fl.]:

19:45-20:45 : Medical Meeting in coöperation with the Dutch Gymnastics Federation and Bauerfeind medical sport supplies

21:00-21:30: Orientation meeting for coaches and heads of Delegations.

## Saturday March 17 - prelimineries individual; team finals

Stretch & relax hall [2nd fl.]: available from 07:45-19:30

Competition Office: 08:00-21:30

08:30 Judges meeting - [Touch Down, 1st fl.]

### morning prelimineries:

	Warmup & training hall	Competition Hall		
		March in	2-touch	Competition
Group 1	08:00 - 08:50	09:00-	-09:15	09:15 - 10:00
Group 2	09:00 - 09:50	10:00-	-10:15	10:15 - 11:00
Group 3	10:00 - 10:50	11:00-	-11:15	11:15 - 12:00
Group 4	11:00 - 11:50	12:00-	-12:15	12:15 - 13:00

13:00-13:30 Judges lunch - [Touch Down, 1st fl.]

12:00-14:00 Delegations lunch - [Delegations restaurant/"spiegelzaal" 1st fl.]

### afternoon prelimineries:

	Warmup & training hall	Competition Hall		
		March in	2-touch	Competition I
Group 5	12:30-13:20	13:30-	-13:45	13:45-14:30
Group 6	13:30-14:20	14:30-	-14:45	14:45-15:30
Group 7	14:30-15:20	15:30-	-15:45	15:45-16:30
Group 8	15:30-16:20	16:30-	-16:45	16:45-17:30
Group 9	16:30-17:20	17:30-	-17:45	17:45-18:30
Group 10	17:30-18:20	18:30-	-18:45	18:45-19:30

19:30-20:15 Judges dinner - [Touch Down, 1st fl.]

17:30-20:00 Delegations dinner - [Delegations restaurant/"spiegelzaal" 1st fl.]

### teamfinals:

Team finalists:	Competition Hall		
	Warmup & training	March in	1-touch and Finals
Judges		20:15	
Senior Teams: panel 1	19:30 - 20:10	20:15	20:30 - 21:15
Age Group Teams: panel 2	19:30 - 20:10	20:15	20:30 - 21:15

*Preceding the Teamfinals: official opening of the 1st Dutch Trampoline Open*

**Award ceremony Team Finals: 21:30**

# Sunday March 18 - prelimineries and finals synchronized; finals Individual

Stretch & relax hall [2nd fl.]..... 08:15 -16:00  
 Competition Office..... 08:15 -20:00

09:00 Touch Down [1st fl.]: Judges meeting

## morning prelimineries:

	Warmup & training hall	Competition Hall		
		March in	2-touch	Competition
Group 1	08:30 - 09:20	09:30-	-09:45	09:45 - 10:30
Group 2	09:30 - 10:20	10:30-	-10:45	10:45 - 11:30
Group 3	10:30 - 11:20	11:30-	-11:45	11:45 - 12:30

12:30-13:15 Judges lunch - [Touch Down, 1st fl.]

11:30-14:00 Delegations lunch - [Delegations restaurant/"spiegelzaal" 1st fl.]

## Synchronized finals:

Synchronized finalists:			Training & Warmup hall	Competition Hall		
Panel 1	Panel 2	Panel 3		Warmup & training	March in	1-touch & Finals
C13 C15	C16	C11		12:30 - 13:10	13:15	13 : 15 - 13 : 45
C17 C19	C18 C20	C12 C14		12:30 - 13:10 12:30 - 13:10	13:45 14:15	13 : 45 - 14 : 15 14 : 15 - 14 : 45

## Individual finals:

Individual finalists:			Training & Warmup hall	Competition Hall		
Panel 1	Panel 2	Panel 3		Judges	March in	2-touch & Finals <i>finalists take turns in action</i>
C03		C01	14:15-15:00	15:15	15:15 - 16:00	
C05	C06	C02	15:00-15:45	16:00	16:00 - 16:45	
C07	C08	C04	15:45-16:30	16:45	16:45 - 17:30	
C09	C10		16:30-17:15	17:30	17:30 - 18:15	

18:15-19:00 Award ceremony synchronized and individual competition

19:00-19:30 Judges dinner - [Touch Down, 1st fl.]

16:30-19:30 Delegations dinner - [Delegations restaurant/"spiegelzaal" 1st fl.]